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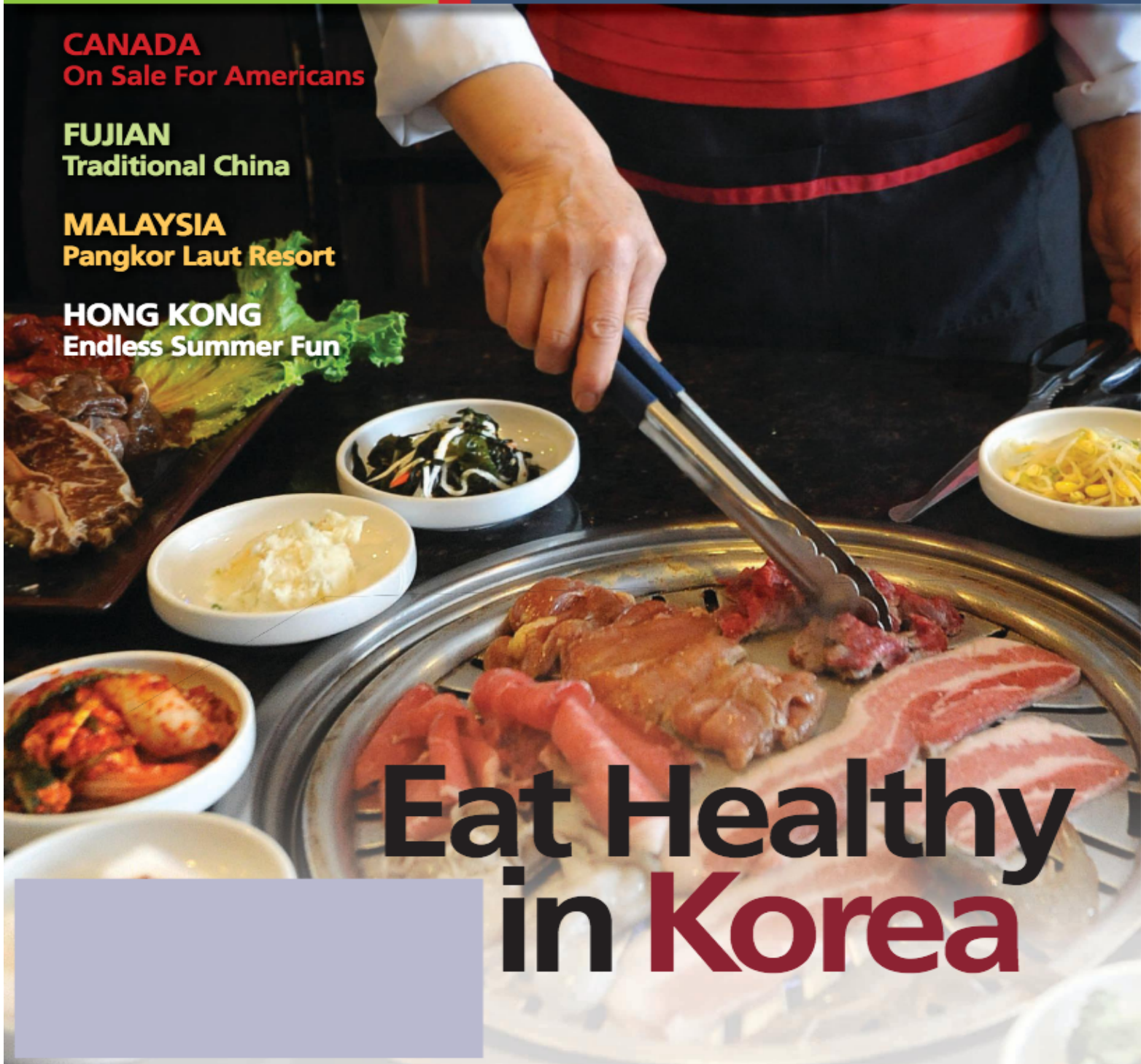
Food, Wine & Lifestyle Magazine

CANADA
On Sale For Americans

FUJIAN
Traditional China

MALAYSIA
Pangkor Laut Resort

HONG KONG
Endless Summer Fun



Eat Healthy in Korea



Layover in HONG KONG



If you have a layover in Hong Kong, there is no better (nor more convenient) hotel than the Regal Airport Hotel. Connected directly to Chek Lap Kok airport, the Regal has everything you need to prepare for your next flight – big rooms with soundproofing, luxurious beds, fast wifi, great food and even two pools and a gym.

Staying on the Executive Club Floor is even better with a long list of complimentary inclusions such as a 15-minute shoulder massage, continental breakfast in the lounge, and a yummy dark chocolate airplane. No surprise that the Regal Airport has been granted "The Best Airport Hotel in the World" award by Business Traveller UK Magazine for eight consecutive years.

Consider Hong Kong Airlines for your connections out of Hong Kong to the rest-of-China-and-other-Asian-destinations. Plus it's one of the closest check-in counters from the Regal.



Refreshed and energized with Air Canada's premium economy

By Johanna Read,
www.TravelEater.net

Flying all the way from Canada to Asia is truly long-haul, even when going from Canada's far west to Asia's near east. But thanks to Air Canada's premium economy service, I arrived home refreshed and energized after my recent Beijing to Vancouver flight. It would make an even bigger difference from deeper into China and from everywhere else in Canada.



I'd flown from Vancouver to Hong Kong in a regular Air Canada economy seat. Compared to other trips to Asia, I found the seat comfortable and the meals delicious and filling (how can one get so hungry just sitting around watching great TV?!).

But on the way home, I was thrilled to discover I'd been upgraded to premium economy. As soon as I'd settled into my roomy seat, a friendly flight attendant brought me a drink and a much coveted Globe & Mail. Once I was caught up on Canadian news, we were already in the air and zooming home.

I put my feet up on the footrest and started to flip through the extensive selection on Air Canada's entertainment system. There were dozens of movies and TV shows that I'd been wanting to see, not to mention audio books, games and music. I'd finally narrowed down my choices when my beef tenderloin with green pepper sauce arrived, served with white linens and real silverware. It was so delicious I almost licked the plate clean.

Back on the ground in Canada, I was one of the first people to leave the airport thanks to the orange "priority" tag on my bag. Premium economy passengers are included in Air Canada's priority baggage service, and this means minimal waiting at the carousel while your loved ones circle the airport watching for your text message that you're through Customs and ready for pick-up.

Air Canada's premium economy is only marginally more expensive than a regular economy seat, and offers so much more in comfort and services. I'm not sure if I'll be able to go back to regular economy again!