

TRAVEL SMARTER. TRAVEL BETTER.

Worldly gifts for the traveller on your list

by [STAFF \(HTTP://LACARTEMAG.COM/AUTHOR/STAFF/\)](http://lacartemag.com/author/staff/).

Stumped for what to buy your adventurous pals? These travel-inspired gift ideas from our editors will delight every explorer

Sweet Slumber Give a gift that any traveller will really appreciate: It's near impossible to get a good night's sleep on the road and eye masks help with scoring shut-eye and getting your circadian rhythm in check. This blue floral Liberty of London print mask, handmade by Toronto-based Gold Apothecary, will ensure their sleep is a beautiful one. [Sleep mask \(http://www.goldapothecary.com/shop/sleep-mask-1%5C\)](http://www.goldapothecary.com/shop/sleep-mask-1%5C), \$30, Gold Apothecary — *Maryam Siddiqi*

No Ordinary Journal Designed and made in Vancouver, this notebook and pencil are as beautiful as the memories they will record. The cover is printed on a manual antique letterpress machine making it the perfect gift for an aspiring travel writer or someone who doesn't want to forget a single detail of a great trip. [Notebook \(http://www.frankpapergoods.com/Never-Stop-Exploring-Turquoise-5X7-Notebook-p/fp17150.htm\)](http://www.frankpapergoods.com/Never-Stop-Exploring-Turquoise-5X7-Notebook-p/fp17150.htm), \$9, [Pencils \(http://www.frankpapergoods.com/Set-of-2-Turquoise-Pencils-p/fp17122.htm\)](http://www.frankpapergoods.com/Set-of-2-Turquoise-Pencils-p/fp17122.htm), \$4, both at F as in Frank Paper Goods — *Karen Cleveland*

Mapping Out This super-cool, giant scratch-off map reveals bright pops of colour as the globe is conquered. While there is certainly a place for Google Maps in travel, this gift is a daydream-inducing reminder of one's travel goals. From New York-based Uncommon Goods, it's printed on recycled paper in the U.K. and is the perfect gift for any travel junkie. (Make it an extra special gift with a coin from a faraway place.) [Scratch-off Map \(https://www.uncommongoods.com/product/scratch-map-deluxe\)](https://www.uncommongoods.com/product/scratch-map-deluxe), \$50.96, Uncommongoods — *KC*

Mail Massage Send a little TLC to a loved one this holiday season, courtesy of Soothe, a spa massage service that will send therapists to a home, office or hotel room for sports, prenatal, deep tissue and Swedish massages. Available seven days per week, with just an hour's notice, in Toronto, Vancouver, and 53 other cities in the U.S., U.K. and Australia. \$109 for 60 minutes, \$159 for 90 minutes, \$205 for 120 minutes, at [Soothe.com \(http://soothe.com/\)](http://soothe.com/), 1-800-960-7668 or via the iOS or Android app. — *Johanna Read*

Solid Scent Derek Lam's 10 Crosby perfume sticks are a great gift for travellers. A modern take on the solid perfumes of the '90s, these little sticks pack a punch: They smell gorgeous and won't count towards liquid allowance. Even if your recipient isn't travelling, they will appreciate being transported by the evocative scents such as the sweet and musky 2 am Kiss and citrus-neroli blend Rain Day. [Derek Lam 10 Crosby Fragrance Sticks \(http://www.thebay.com/webapp/wcs/stores/servlet/en/thebay/silent-st-parfum-stick-0600089775246--24?site_refer=CSE_GGLPLA&gclid=CjwKCAiA07PRBRBJEiwAS20SIBpvSQyNixUZXaHGxtRGAJWZL0g5tz-dgaJmuTzjYBCfhij99N1p3hoCm1MQAvD_BwE&gclidsrc=aw.ds\)](http://www.thebay.com/webapp/wcs/stores/servlet/en/thebay/silent-st-parfum-stick-0600089775246--24?site_refer=CSE_GGLPLA&gclid=CjwKCAiA07PRBRBJEiwAS20SIBpvSQyNixUZXaHGxtRGAJWZL0g5tz-dgaJmuTzjYBCfhij99N1p3hoCm1MQAvD_BwE&gclidsrc=aw.ds), \$49, Hudson's Bay. — *Alex Laws*

Win this! We're giving away a few of our favourite things. To win items from our holiday gift guide, check out @LaCarteMagazine on Facebook, comment and tag two friends. If you all of you follow us on Facebook, all of you can win!

The fine print: As worldly as we are, you need to live in Canada (excluding Quebec) to win. Contest closes December 20, 2017.

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