Eat the best brunch in Vancouver at these 13 local spots

Where to eat the best brunch in Vancouver

These local spots serving the best brunch in Vancouver might just prove that the city is a “brunchy” place after all

By Johanna Read

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Vancouver isn’t the brunch-iest of cities. Many Vancouverites instead prefer to grab a kale smoothie and whole-grain, probiotic, vegan, organic protein bar at a casual restaurant (https://www.timeout.com/vancouver/restaurants/best-restaurants-in-vancouver) or cafe before climbing the Grouse Grind, biking the Seawall, getting out on the water or tackling the many sights, attractions and things to do in Vancouver (https://www.timeout.com/vancouver/things-to-do/best-things-to-do-in-vancouver). Maybe they’ll stop in for a coffee afterwards, perhaps sneaking a pastry as a reward for all those calories burned?

A few spots will have Vancouverites lining up for brunch, at least when friends are in town and a late-breakfast craving kicks in on the weekends, and our list of spots to eat the best brunch in Vancouver attempts to put them all in one place.
Café Medina

What is it: This is known as one of Vancouver’s very best brunch spots (the line-ups prove it) and it features Belgian waffles and Mediterranean-inspired dishes for breakfast, lunch and brunch. Everything is “crafted with love” and made with local ingredients.

CHECK WEBSITE (http://www.medinacafe.com/)

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Sophie’s Cosmic Café

What is it: Comfort food for breakfast, brunch, lunch and dinner is served amongst vintage toys, collectables and eclectic art.

Why go: This is a brunch institution in the Kitsilano neighbourhood of Vancouver that happens to be a favourite among kids as well.

Photograph: Courtesy Yelp/selina L.
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CHECK WEBSITE (http://www.sophiescosmiccafe.com/)
Red Wagon Restaurant

What is it: A popular spot, often with a line outside to show for it, for all-day breakfast in the slowly-turning-hip Hastings-Sunrise neighbourhood. Lunch and dinner are served all day as well.
Jam Café

What is it: Downtown all-day breakfast and lunch spot also serving BELTCH sandwiches. That would be bacon, egg, lettuce, tomato, cheese and ham.

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CHECK WEBSITE (http://jamcafes.com/vancouver/)
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Honey Salt

Photograph: Courtesy Yelp/NienTzu C.

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What is it: Honey Salt serves brunch on weekends. Dine on local seasonal ingredients in a casually-sophisticated restaurant near the downtown side of the Cambie Bridge. Restaurateur Elizabeth Blau’s son, Cole, was instrumental in creating the kids’ menu.

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6

Tuc Craft Kitchen

What is it: A very popular farm-to-table restaurant that serves brunch on Fridays and Sundays.

Why go: Sometimes you need a proper weekend brunch on a Friday, especially when there is a dish called waffles and whateva on

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CHECK WEBSITE (http://www.tuccraftkitchen.com/)
Café Zen

What is it: A breakfast and lunch spot near Kits Beach, open every day save Christmas.

Why go: All kinds of eggs Benedict with fab hollandaise are served here, plus omelettes and sweet dishes. What else could you ever
CHECK WEBSITE (http://cafezenonyew.com/)
Wildebeest

What is it: Decadently simple fine dining in Gastown, featuring local ingredients. This spot is great for dinner... but surprisingly awesome for brunch as well.

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BOOK NOW (https://www.opentable.com/wildebeest-reservations-vancouver?ref=17848)
The Victor

What is it: Located inside boutique hotel The Douglas, this seafood restaurant serves a very fine Sunday brunch.

Why go: A DJ spins tunes over a brunch that includes a special bar for build-your-own Caesars and Marys. Brunch features a wagyu

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Cibo Trattoria

**What is it:** This downtown eatery is warm and welcoming even on the coldest of days... and serves an awesome brunch.
**Why go:** If Italians had brunch, they’d indulge in the kind of food offered at Cibo Trattoria—think pizzetta, frittata, burrata with pesto,
33 Acres Brewing

**What is it:** Not just a brewery, this local destination also serves pretty solid brunch fare.

**Why go:** Imagine devouring waffles in the same space you’ve enjoyed a beer tasting? It doesn’t get better than that. Also order the

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[CHECK WEBSITE](http://33acresbrewing.com/)
Beaucoup Bakery & Café

What is it: A 16-seat café almost under the Granville Street Bridge with some of the best croissants this side of Montreal. Can’t get a seat? There are plenty of parks nearby.
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Photograph: Courtesy Yelp/Derek L.
The NAAM

What is it: A small natural foods café in Kits open 24-7, except Christmas Day.

Why go: Need breakfast early? Service here starts at 6am with dragon bowls, egg dishes, crepes and pancakes with maple syrup or...